



## Market Update: June 18th, 2018

### Local:

Kale now local. Local Asparagus starting to wind down. Local Raspberries will start early July. Local green cabbage about two weeks away. Ontario onions winding down.

### Good things grow in Ontario:

Apples	Kale	Peas
Asparagus	Lettuce – Green Leaf & Romaine	Potatoes – white
Beets	Mushrooms	Tomatoes (grape, hot house, red cluster)
Bean Sprouts	Onions – Cooking	Rhubarb
Cucumber (English)	Parsnips	Rutabaga – waxed
	Peppers – red, yellow, orange	Strawberries

### *Alert*

All storage potatoes winding down, expect the price to go up and availability to be limited. Both red and green grapes up in price. Plums pricing high again this week. Both curly and Italian parsley pricing high this week.

### *Fruit*

#### Apples

##### **Available Varieties:**

Granny Smith, Macintosh, Royal Gala, Red Delicious, Golden Delicious.

#### Pears

Bartlett currently in stock.

#### Watermelon

Market for watermelon will be active as temperature will be on the rise. It will be a little tight for the next few weeks and prices will be higher.

#### Melon

Starting to pick up out of California and quality is excellent. Price will remain high.

#### Grapes

The grape market is erratic with Mexico finishing up and California not seeing large yields.

#### Kiwi

Good volume, but price will remain high for the next few weeks due to transition.

### *Citrus*

#### Oranges

Product from Spain/Egypt, very sweet.

#### Juice Oranges

Valencia's now available, quality is excellent. Pricing continue to trend upwards.

#### Grapefruit

Carrying California product, we are also carrying some product from Israel.

#### Clementines

Gaps in supply, demand exceeds supply, early fruit not as sweet due to low sugar.

## Lemons

We now have Spanish fruit available.

## Limes

Limes have dropped in price, product of Mexico.

## *Berries*

### Blackberries

Market is strong, transition to California in approximately 10 days.

### Raspberries

Mexican fruit almost finished, California fruit market strong.

### Strawberries

California strawberries plentiful, quality is excellent. Ontario strawberries available.

### Blueberries

North Carolina will start with pints in the next week or two, currently out of California.

## *Vine and Tropical*

### Pineapples

The market is strong and quality remains excellent.

### Mangoes

Now into Mexican Tommy mangoes. All sizes are available and eating quality is great.

### Stone Fruit

Peaches and Apricots finishing quick, nectarines available. Washington cherries to start in two weeks.

### Bananas

Seeing a good supply and excellent and quality.

### Avocados

The market pricing on good quality fruit has stabilized, until new crop starts up in early June.

## *Vegetables*

### Broccoli

Broccoli is extremely short again this week as most growers are in a planting gap, expect pricing to be very high for another week.

### Cauliflower

Market is steady and supply is up.

### Zucchini

The market has started to come off and supply is picking up out of Georgia. Local Zucchini expected to start in the next two weeks.

### Cabbage

No change, local green cabbage is about 2 weeks away.

Florida has experienced a tremendous amount of rain which has brought an end to the corn season. Georgia has started in a very small way. Also carrying retail pack size of 12x4, Special order, available for \$42/case.

### Eggplant

Good supply out of Georgia.

### Asparagus

Local Asparagus is winding down and the market is strong.

### Beans

Beans are very limited right now out of Mexico and Florida with high pricing.

### Peppers

Ontario hothouse peppers are seeing good availability and attractive pricing. **Green peppers out of Mexico, pricing through the roof.**

### Celery

Celery market is steady and good supplies are coming!

### Seedless Cucumbers

All Ontario from here on in. The market is seeing a lot of small sizes. That said price and supply are good overall.

## *Lettuce*

### Lettuce & Greens

Iceberg and Green leaf pricing has started to come down. Romaine down in price, watch for local Romaine to start in the next 7-10 days.

## *Tomatoes*

### Hot House & Cluster Tomatoes

Hot house tomatoes are a little light this week due to a planting gap, but we expect this to be short lived. Clusters steady.

### Roma Tomatoes

Good quality and quantity out of Mexico, price up from last week.

### Grape/Cherry Tomatoes

Grape tomatoes have been really light on picks, which is driving prices up.

### Tomatoes – 25 lbs.

Florida Tomatoes, pricing up this week.

## *Onions, Carrots, Potatoes*

### Cooking Onions

New crop Mexican jumbo and colossal Spanish onions will be available next week, Ontario product only a few weeks left.

### Green Onions

Currently coming from Mexico.

### Squash

Availability challenging on Butternut this week, limited squash available.

### Cabbage

Good Supply on green, red and savoy Cabbage.

### Corn

Supplies are starting to increase out of Georgia..

### Spanish & Red Onions

US Jumbo Spanish and red onions' prices are going down but US colossal are still tight.

### Carrots

Now coming from Israel.

### Potatoes

Ontario storage potatoes winding down, expect prices to go up and for availability to go down. New variety available: Yellow and white avalanche potatoes are available now out of California, quality is good. SPO required. BUD THE SPUD: A PEI Russet Potato available now and pricing is very good. Yukon Gold also a good option for fries.

## **Good Buys**

Avocados (bags)  
Cantaloupes (9's & 12)  
Cauliflower  
Corn  
Cucumbers  
Lemons  
Lettuce  
Pineapples  
Peaches & nectarines  
Peppers  
Strawberries  
Zucchini